

## Physical condition

A good physical condition but no experience in via ferrata required. Minimum age : 14 years old. Please contact us if you have any special medical conditions.

## We provide

- Harness
- Via ferrata lanyard
- Helmet
- Pulley



## Difficulty



## Duration

1/2 day (in average 3h activity, 2h on wall)

## Walking distance

20 minutes

## Retrun walk

15 minutes

This trail is a vertical hike on a granite cliff which is on the foothills of the Ardeche mountains. This trail gives you a breathtaking view over the Besorgues valley (1200m altitude). This activity is similar to the via corda where you can sometimes find overhanging climbing passages, rope bridges as well as a magnificent final abseil of 45m!

## Access and meeting point

Labastide-sur Besorgues, 20Km from Aubenas (30min)

- Parking Start Canyon -

Remember to drive carefully through the villages and hamlets!

## To bring with you

Sports shoes and clothes, water, a small backpack and a snak for after the activity.

Labastide-sur-Bésorgues



Vals-le-Bains



Aubenas



Vogüé



Ruoms

