

Physical condition

A good physical condition but no experience in speleology required.

Minimum age: 8 years old.

Please contact us if you have any special medical conditions.

We provide

- ◆ One piece protection suit for speleology
- ◆ Knee support and boots
- ◆ Helmet with light

Difficulty**Duration**

1/2 day (in average 2,30h activity, 1h30h - 2h underground)

Walking distance

5 minutes

Return walk

5 minutes



Near Ruoms, this cavity is a real gruyère cheese with its multiple entries. You can abseil, crawl like an earthworm and move about looking for concretions. Our friends the bats aren't far...

Acces and meeting point

Pradon, 20km from Aubenas (25 min)

- Parking Spar -

Remember to drive carefully through the villages and hamlets!

To bring with you

Underwear to change into (13°C inside the cave). Water and a snack for after the activity.

