## **GORGE DE LA BORNE**

## Physical condition

CANYONING

A good physical condition but no experience in canyoning required.

Minimum age: 14 years old. Please contact us if you have any special medical conditions.

## We provide

- One piece 5mm neopren suit
- Keopren socks
- 🖊 Helmet
- 🖊 Harness
- K Special canyon shoes



**Duration** 1 day (in average 5h activity)

Walking distance 5 minutes

## Return walk

30 minutes (difficult path for beginners, 150m uneven ground)

This water canyon situated in a wild gorge involves walks, many not mandatory jumps (between 2 and 8 meters), and swimming in deep natural pools of crystal clear water . A beautiful day filled with sensations and delight.

